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GRANVILLE'S COUNTRY CALLER

Supported in part by a grant from the Executive Office of Elder Affairs

FEBRUARY 2015

Published since March 1976

Please send all Country Caller information (all checks/cash for sponsor, donations, subscriptions, or Barter Box) to Debbie Sussmann, 44 North Lane, Granville, MA 01034 or put them into Karen Laptew's green box at 58 Sodom Street. The checks and information MUST be kept together. Make all checks payable to "The Town of Granville". All submissions may be emailed to jana01@comcast.net or sent to the above address NO LATER THAN THE 20TH OF EACH MONTH. Sponsorship or subscriptions will be for one year. All articles must be typed, and your name and telephone # enclosed. Call Debbie Sussmann at 357-6420 if you have any questions. We welcome articles related to town activities, historical information, births, deaths and anything you would like to share with us.

The Country Caller is jointly funded by the Town of Granville, a grant from the Massachusetts Executive Office of Elder Affairs, and donations from sponsors. Editors reserve the right to reject any material they deem inappropriate. We do not accept political advertising and may refuse other advertising not considered in good taste.

Subscriptions: \$5.00/year; Barter Box: \$2.00 for 20 words each additional word \$.10 each.

For any other type of Barter Box info you may call Debbie Sussmann to get information at 357-6420.

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The West Granville Store
Zook and Zelda

Granville-Tolland Dollars for Scholars® 2015 Application

Available On-line at

Granville-Tolland.dollarsforscholars.org

BIG NEWS: FINANCIAL INFORMATION IS NO LONGER REQUIRED

Requirements for this scholarship are as follows:

1. Each full-time, undergraduate student may apply for a second-semester scholarship by midnight, May 1, 2015. Students must be a resident of Granville or Tolland Massachusetts, 01034. Up to 5 scholarships may be awarded based on scholastic performance, goals & aspirations essay, activities, work experience and community service. Each student meeting the above requirements and submitting a complete application will be eligible to receive an award.
2. Each applicant must be a Senior in High School, 1st Year Post-High School Student, 2nd Year Post-High School Student, 3rd Year Post-High School Student, 4th Year Post-High School Student, have completed your GED and/or home schooled.
3. New for 2015: FINANCIAL information from parent(s) is no longer a requirement. This scholarship is MERIT based only.

FASTWEB applications are ready and available on the Scholarship America® website.

Any questions can be forwarded to granvilletollanddfs@gmail.com.

Sincerely,

GTDFS



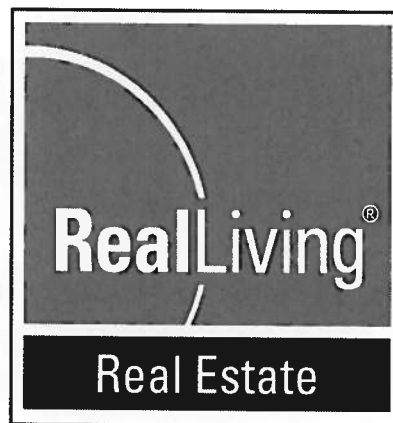
GFC Coat Collection

A huge thank you to all who donated their coats to the coat drive. We received nearly 150 coats, most in great condition, some even with store tags still attached!

A number were taken directly from the church and the rest will be distributed as follows: small kids coats go to Good Will and Salvation Army Stores in Westfield, big kids coats go to Highland Elementary School, and the women and men's coats go to Holyoke and Springfield mission centers for the homeless served there.

South Congregational Church in Hartford, Conn., as it turned out, already had enough coats for this winter. That church has a big mission outreach with a Saturday morning breakfast feeding about 500 hungry folks each week.

Next year's coat drive takes place earlier in the cold season. Stay tuned and again, thank you, both for the coats and for the help in this project!



Marilyn Tkaczuk

Direct: 413-357-6303

Cellular: 413-301-3350

Email: marilynrealestate@gmail.com

Granville Parents Association Newsletter

GPA, with the help of Piece of My Art Studio, will be hosting our first **Paint and Sip** night on **Thursday, March 19 at 7PM at the Westfield River Brewing Company** (The old Chuck's Steak House on College Hwy in Southwick). For those of you who aren't familiar with this kind of event, you come with your creative spirit while talented instructors assist and guide you through the process of painting a pre-selected image to canvas while enjoying some delicious food and drinks. Tickets will be sold for \$35.00 each. We will also be having a Chinese Raffle, so if you would like to donate a basket, item, or service please let an officer know. Please contact Ronnie Stratton if you have any questions 4134263329

Our Paddy the Penguin Fundraiser raised \$180.00. Thanks to all who participated!

We will be proud to host our **2nd Annual Easter Egg Hunt at Maple Corner Farm**. We will be selecting a date soon. The Easter Bunny will once again make his appearance, and photos will be available with the EB for a nominal fee.

Please keep those **Box Tops** coming in! Sue Brown has informed us that a check has been written to us and should arrive soon in the amount of \$824.40! Every Box Top counts! Sue has requested that a portion of these funds should go toward replacing broken swings on the playground. The class with the most Box Tops at the end of the year wins an epic ice cream party!

The **8th Grade** continues to work hard to raise funds for their graduation expenses and Class Trip to Washington, D.C.. Their next fundraiser is the **Super Bowl Grinder Sale at Town Hall on Sunday, Feb. 1st**! Order Forms will be sent home soon in backpacks, or see an 8th Grader for a form. Order up some delicious, made to order sandwiches for your game day party while helping out this great group of kids.

February 26th @ 5:30pm Dr. J. Barry will be coming to the GVS for a Question and Answer informative meeting. Everyone is invited to come and ask question in regards to anything

with our school. Example 7th and 8th graders, school possibly closing, bus transportation, and more.

GPA needs more parents to be involved in our efforts to continue to support our school. PLEASE come to our meetings, which are held the **2nd Tuesday of each month, at 5:30PM** in the cafeteria. Approved, talented babysitters are provided to entertain the kids in the gym while we talk. We work hard for ALL children in our school. Please consider giving a little time to help us out.

Give our page a LIKE on Facebook!! Officers are continuously updating our status with important news, events, and tidbits.

Thanks to all who attended this meeting? Our next meeting will be held on **Tuesday, Feb. 10 at 5:30.**

GPA Officers:

Ronnie Stratton, President

Danielle Sullivan, VP

Rene Ellinger, Secretary

Jen Durfey, Treasurer

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GRANVILE LIBRARY NEWS

Granville Library Hours:

Monday 10-12, 3-8 pm • Wednesday 3-8 pm
Thursday 5-8 pm • Saturday 10-12
www.granvillelib.info • 357-8531

New books for adults:

Can't We Talk about Something More Pleasant?: A Memoir by Roz Chast.

Driven to Distraction at Work: How to Focus and Be More Productive by Ned Hallowell.

The Glory of the Tree: An Illustrated History by Noel Kingsbury.

How To Age by Anne Karpf.

Is It Easy Being Green?: Writing the New College Application Essay by Justin Nevin.

The Diabetes Reset: Avoid It. Control It. Even Reverse It: a Doctor's Scientific Program by George Kind.

Picture Your Prosperity: Smart Money Moves to Turn Your Vision into Reality by Ellen Rogin.

Small-Space Vegetable Gardens: Growing Great Edibles in Containers, Raised Beds, and Small Plots by Andrea Bellamy.

Spruce: A Step-By-Step Guide to Upholstery and Design by Amanda Brown.

An Appetite for Violets by Martine Bailey.

Assassination Option by W.E.B. Griffin

Bishop's Wife by Harrison.

Cold, Cold Heart by Tami Hoag.

Die Again by Tess Gerritsen.

First Frost by Sarah Addison Allen.

Flesh and Blood by Patricia Cornwell.

Honeydew by Edith Perlman.

Hope to Die by James Patterson.

Hush by Karen Robards

Job by Janet Ivanovich

Leaving Time by Jodi Piccoult

Lila by Marilynne Robinson.

Mistletoe Promise by Richard Evans.

Puzzled Indemnity: A Puzzle Lady Mystery by Parnell Hall.

Rain on the Dead by Jack Higgins.

Reckoning, The by James Patrick Hunt.

Redeployment by Phil Klay.

Saint Odd by Dean Koontz.

Saving Grace by Jane Green.

Silver Thaw by Catherine Anderson.

Trust No One by Jayne Ann Krentz

Two Strangers by Beryl Matthews.

West of Sunset by Stewart O'Nan.

White Plague by James Abel.

For Kids:

Big Machines Build! by Catherine Vetch.

Ashley Bryan's Puppets: Making Something from Everything by Ashley Bryan.

FDR and the American Crisis by Albert Marrin.

Lego Neighborhood Book: Build Your Own Town! by Brian Lyles.

National Geographic Kids' Animal Stories by Jane Yolen

Scholastic Discover More Explorers by Penelope Arlon.

All the Bright Places by Jennifer Niven.

Bear Ate Your Sandwich by Julia Sarcone

Bo at Iditarod by Kirkpatrick Hill.

Circle, Square, Moose by Kelly Bingham.

Clark the Shark: Tooth Trouble by Hale.

Daniel Goes Out to Dinner (Ready to Read) by Maggie Testa.

Frostfire by Amanda Hocking.

Frozen by Victoria Saxon.

Made by Raffi by Craig Pomranz.

Six Feet Over It by Jennifer Longo

While You Were Napping by Jennifer Ofill.

There Will be Lies by Nicci Lake.

New Audio CDs:

Lord of Scoundrels by Chase

New Dvds:

Best of Caillou: Caillou's Mysteries and Adventures

Boardwalk Empire Season 3

Boxtrolls, The

Boyhood

Cardio for Beginners

Gone Girl

House of Cards Season 2

Lucy

Maze Runner

Nature: Animal Odd Couples

Teenage Mutant Ninja Turtles

GRANVILLE FEDERATED CHURCH

American Baptist and United Church of Christ
16 Granby Rd., Granville, MA 01034
Pastor: Rev. Patrick McMahon
Cell Phone: 413 579-4674

LIKE US ON FACEBOOK AT GRANVILLE
FEDERATED CHURCH, GRANVILLE, MASS. TO
KEEP UP ON GFC NEWS

Morning Worship is held each Sunday at 10 a.m.
Church school runs concurrently with the
Worship Service, starting after the second hymn.
A **coffee hour** follows the service each week.

We sincerely thank all who support the Granville
Church Capital Campaign. Pledge payments
continue for one year. Donations without pledges
are still accepted. Just mark Capital Campaign in
the memo on your check. We have been able to
make many, many needed repairs and updates
thanks to your contributions. Thank you!!!

Another option for supporting the drive is to buy
Fair Trade food products that are for sale at the
coffee hour each Sunday. Very tasty, we've tried
them all. Ruth Dickinson Berquist is in charge of
this.

We have Big Y gift cards available for purchase.
Please see Jean McMahon.

WEEKLY/MONTHLY SCHEDULE

Sunday-10:00 a.m.-Worship Service
Church School – runs concurrently with the
Worship service
11:00 a.m. Coffee Hour
Monday-8:00 p.m. AA Meeting
Thursday-7:00 p.m. Choir rehearsal
Third Wednesday-noon-Ladies Aid
Third Sunday-8:30 to 9:30 Breakfast (Open to all!)

A LOOK AHEAD

Saturday, March 7th Pot Luck Supper 6 p.m. Open
to all!
Maunday Thursday Service- Thursday, April 2nd,
7:00p.m.
Sunrise Service-April 5th, Blueberry Hill- 6 a.m.
Easter Service-April 5th, 10:00 a.m.
Please join us!

Winter Roads Policy Town of Granville, MA

On-street parking is prohibited until
further notice. Vehicles will be towed at
the owner's expense.

During winter road operations, major
roads will be a priority, followed by
secondary roads, therefore, Main Road,
Granby Road and the Old Westfield Road
will be cleared first.

Plowing, shoveling, blowing or otherwise
depositing snow on Town roads is illegal.

Plowing snow across a Town Road is not
allowed.

Because Granville is the source of drinking
water for several communities it limits the
use of salt as a deicer.

When roads are snow covered or icy,
residents should limit travel and proceed
slowly with extreme caution.

High quality snow tires are essential for
safe travel between October 1 and April
30.

Allocate more time for commuting to
compensate for slower travel speeds
during winter conditions.

Town Roads, or sections thereof, with low
use patterns may be closed for winter
maintenance. This allows for road clearing
resources to be used more efficiently.
Alternate routes will be maintained.
Holden Hill Road and Wildcat Road will not
be maintained and are closed to traffic.

During all winter weather events residents
should limit travel to essential trips only.

LIONS CLUB



GRANVILLE - TOLLAND

15th Annual Edward Gogol

SPAGHETTI DINNER

ALL YOU CAN EAT!

**Salad, Spaghetti & Home-Made Meatballs & Sauce,
Soft Drinks, Dessert**

SAT, FEBRUARY 21st

5:00-7:00 PM

GRANVILLE FEDERATED CHURCH –

Granby Road, Granville, MA

Donation: Adults \$8 • Seniors \$5 • Kids 6-14 \$5

Kids 5 & Under FREE



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Hand crafted 100% Pure Beeswax Candles

* Natural Golden Glow * Naturally Cleans The Air * Non-Allergenic

When burned, **beeswax produces negative ions**. Negative ions **improve our health by cleaning the air that we breathe**.

It does this by removing the tiny pollutant particles, and in the process, the quality of air that we breathe improves. The ions improve the circulation of oxygen in our bodies and have been shown to improve our moods.

The negative ions emitted during the burning cling to the, odors, pollen or dust particles that are positively charged. This makes the particles heavy, so they drop to the ground.

Most of the **candles sold nowadays** have ingredients that are **toxic** to our health. Most of the candles are produced to appeal to our senses, yet they are **detrimental to our health**. An example is the addition of fragrance. Some candles being sold contain fragrances that cover up the unpleasant odors of the products used to make the candles. So when you buy these types of candles, you will be polluting the air that you breathe as opposed to cleaning it. Makers of candles use fragrances to cover up neutral or repulsive odors. Such candles, whether they are made from **paraffin or synthetic oils** are **toxic when burned**.

Petrochemicals are used to make paraffin wax candles. **Petrochemicals are as toxic as car exhaust fumes**. They also contain some hardeners, colorings and bleaches that make them look appealing to a buyer, yet they are very harmful to our bodies.

IN NURSING HOMES

Betty Carpenter

Renaissance Manor of Westfield
 37 Feeding Hills Road, Westfield, MA 01085

Melvin Jensen, Sr.

Governor's House
 66 Broad Street, Westfield, MA 01085

Bea Lewis

Landmark at Monastery Heights
 110 Monastery Avenue,
 W. Springfield, Ma 01089

Cyril Maceyka

Renaissance Manor of Westfield
 37 Feeding Hills Road, Westfield, MA 01085

Ed Roberts

Meadow Brook Nursing Home
 Salmon Brook Road, Granby, CT 06035

Elsie Slack

Governors Center
 66 Broad Street, Westfield, MA 01085

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Kathy Martin is Retiring and the Town is advertising for her replacement!

The Town of Granville, MA (population 1500, Budget \$3.2 Million) is seeking qualified candidates for the position of Town Administrative Assistant. Reporting to a three member Selectboard, the Town Administrative Assistant is responsible for day to day Town Hall operations, budget preparation, purchasing, grant writing, coordination with all committees and boards, and other duties as outlined in the job description found at WWW.TownofGranville.net. Bachelor's degree and three years related experience, with a master's degree in public or business administration or closely related field preferred. Compensation and benefits will be negotiated with the Selectboard. Please submit a cover letter and resume to the Selectboard's office via email at k.martin@townofgranville.org or by mail to Town of Granville, PO Box 247, Granville, MA 01034 by February 27, 2015.

Transfer Station Issues

If you use our transfer Station you have noticed some changes; we said goodbye to our good friend Bob Laptew and welcomed Dana Loomis as our new Transfer Station Operator. We have also switched to single stream recycling.

Operating the Transfer station is at times a complicated effort and we need your cooperation to run the Station efficiently. So please consider the following suggestions:

One: The standard punch is for a 39 gallon trash bag, please self-regulate your containers to this typical size.

Two: Construction debris is prohibited. The signs at the Station explain what is allowable, if you a question please ask before arriving with a prohibited item.

Three: We want to reduce the use of cash to the purchasing of the punch cards. So please buy a card and use it for all Transfer Station transactions.



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Tim Phair, Arborist

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- **Ornamental Tree Care**
- **Shrub Care & Pruning**
- **Storm Clean Up**

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OBITUARY

Alan A. Daigneau, 69, presently of Westfield, devoted and beloved husband for 46yrs to Ruth (Harrington) Daigneau, passed away Saturday (January 3, 2015) surrounded by his loving family. He was born on September 20, 1945 in Springfield. He attended Agawam High School then immediately enlisted in the United States Navy and served from 1966 through 1969. He was a Vietnam Veteran and was assigned to the USS Dewey DLG14 a guided missile destroyer. During this time he was involved with the international incident of the USS Pueblo and the successful release off the coast of North Korea. He was a licensed electrician for nearly 40 years and became the Electrical Inspector for the towns of Granville and Tolland MA. As a 35 year resident of Granville, he selflessly volunteered on the Granville Police Department and retired as Captain with 20 years of service in 2006. He was the Electrical Facility Engineer for International Fuel Cells South Windsor CT, retiring in 2007. As a husband, father and grandfather, Alans greatest passion was his family. Besides his wife, Ruthie, he leaves his 4 precious daughters; Julie L Barnes and her husband, Brian of Westfield; Jeanne E Daigneau and her partner Joanne Levine of Auburn MA; Noreen R. Reeder and her husband Nathanael of Longmont CO; Joanne M Fox and her husband Matthew of Granville MA; his beloved grandchildren, Nathan, Grace, William, Frederick, Xander, Devan and Zachary; and his brother, Thomas G. Daigneau and his husband John Doyle of Springfield MA.



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MBSR IS COMING TO THE WESTFIELD AREA!

8-Weekly Sessions: Each Monday, 6:00 PM to 8:30 PM

Starting: Monday, February 23, 2015 thru Monday, April 20, 2015

Genesis Spiritual Life & Conference Center ~ 53 Mill St., Westfield, MA

Orientation Session (free): Monday, February 23rd, 6:00-8:30 PM at the Genesis Center

[NOTE: Only those who attend this free orientation will be eligible to enroll in the 8-week program] PLEASE CALL AHEAD TO RESERVE A SPACE AT THE FREE ORIENTATION.

To Register & For Information Re: The Sliding Scale Fee - Contact: - John Meiklejohn, 413-348-2848 or email John at: j.johnmeiklejohn@comcast.net

What is MBSR?

The 8-week Mindfulness-Based Stress Reduction program was developed at the U-Mass Medical Center beginning in 1979 by Jon Kabat-Zinn and colleagues. It's central purpose is to support individuals dealing with stress, illness and/or pain who wish to become more resilient and nurture healthy attitudes and well-being in the midst of the difficulties they're facing. In the 35 years since its initial application in medicine, MBSR has spread into the fields of psychology, healthcare, business, the military, neuroscience and education. Over 300 hospitals and medical centers nationwide now offer MBSR training, in addition to community-based offerings like this one at the Genesis Center.

An extensive medical and psychological evidence base exists showing that MBSR improves health and well-being by: reducing stress, anxiety and depression; enhancing immune function; altering the perception of pain; improving adherence to medical treatments; diminishing the need for medication; increasing motivation to make life-style changes; and fostering better interpersonal relations.

MBSR is a psycho-educational and experiential learning program based on the core principal of mindfulness. The program is offered in a group setting and guided by a trained MBSR teacher. The class meets weekly for 2 ½ hours and is a combination of mindful awareness practices, group sharing of experiences with the practices, and an exploration of topics such as stress, mindfulness and communication.

What is Mindfulness?

We all have the capacity to be aware, i.e. mindful and attentive, of what we're doing when we're doing it. We also experience episodes of being 'mind-less', when we function on auto-pilot and are not attentive to what we're doing, hearing or seeing. Mindfulness has been described by Dr. Kabat-Zinn as "the awareness that emerges through paying attention on purpose in the present moment and non-judgmentally to the unfolding of experience moment by moment". Anyone can strengthen their capacity to be mindful. MBSR is one evidence-based method for doing so.